



You don't have to go it alone!

TEMPO* Groups for Charity Executives

**In running terminology, a tempo run is any run that lasts for an extended period and that is run at a constant and somewhat hard pace -- but less than race pace.*

Leadership is a challenge. It demands everything of our character, competencies and commitment.

Thankfully, leadership is not always a marathon (where we drag ourselves across the finish line having fully expended our resources) but neither is it a jog in the park. That's why Long Run Consulting created TEMPO Groups for Charity Executives in 2021—to provide a context where leaders of charities can draw encouragement from those involved in a similar contest, and benefit from the lessons learned by those who have run this course before.

Each TEMPO Group of 10 to 12 leaders is carefully chosen to express a diversity of perspectives and experiences and a range of organizational scope and scale, while maintaining a common foundation of the Christian faith. Cohorts are geographically bounded to facilitate a face-to-face experience of community. Members are committed to each other's success and wellbeing, and to helping each other run strongly and steadily. Each group is facilitated by Ed Wilson from Long Run Consulting, a seasoned charity executive, pastor and distance runner, or by a hand-picked representative of Long Run Consulting.

TEMPO Groups meet for a half day six times a year. At each session, an industry-leading professional will make a keynote presentation on a topic relating to leadership development, non-profit management or spiritual formation. During the course of the meeting, additional discussion topics will be brought forward by group members, creating an opportunity for peer coaching and mentoring.

In addition to the group meetings, each TEMPO Group member will be invited to participate in a bi-monthly executive coaching session with the group facilitator.

TEMPO Group Values



TRANSPARENCY:

A TEMPO Group provides a confidential environment where a leader can declare what is on their heart and mind without fear of judgment and receive advice from those who have wrestled with similar issues themselves.



ENCOURAGEMENT:

A TEMPO Group offers the opportunity for leaders to speak words of encouragement to the hearts of their peers, generating stamina and staying power in leadership.



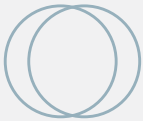
MATURING:

TEMPO Groups recognize that great leaders are always maturing: Our capacity to grow determines our capacity to lead.



PERSPECTIVE:

With the help of the TEMPO Group, leaders are able to see things from another perspective: Developing a deeper understanding of themselves, their environment and the people they interact with.



ONENESS:

TEMPO Groups are a place to set aside the separateness of our organizational mandates, affirm our shared values in Christ and our common commitment to the one mission of the gospel.

Being part of the Southwestern Ontario TEMPO Group has been both a fulfilling and fruitful experience for me. The opportunity to build personal relationships with other like-minded leaders, learn with and from one another, and support one another practically and prayerfully has been a highlight of this last year for me. I'm grateful for Ed's humble and wise leadership.

ALLISON ALLEY,
PRESIDENT AND CEO, COMPASSION CANADA

Ed Wilson's TEMPO group has been a safe haven to process the responsibility of leading with fellow charity executives – people who get it. The meetings have provided me with a consistent opportunity for spiritual and personal encouragement, as well as access to expert reflection on relevant charitable topics.

LEANNE FERRIS,
EXECUTIVE DIRECTOR, MEDICAL MINISTRY INTERNATIONAL

For more information about the cost and benefits of TEMPO Group membership, contact Ed Wilson at ewilson@longrunconsulting.ca.